Thursday 10th March 2016

Principals Report

LMPS Parents as Teachers Program Proudly Presents
Worry Woos by Dr John Irvine – 3:15 pm Tuesday 15 March

Next Tuesday afternoon Dr John Irvine will be presenting on the topic of Anxiety in Children and how it best can be managed. In this day and age we are seeing an increasing number of students with anxiety disorders and students who are just feeling anxious about their place in the world. With so much to contend with in the modern world it is no wonder that children are presenting more and more in this way. Dr John will talk about what anxiety looks like in children and how as teachers and parents we can assist children and young people to become more resilient in every aspect of their lives. This is an excellent opportunity to hear from a world renowned expert and I strongly encourage you to attend. It will commence at 3:15 in the school hall and child minding will be available.

School Working Bee

Last Sunday we saw a small number of hard working parents, teachers and students transform the rock garden outside the Multi Cat classroom into a usable fully grassed playground for student use. Having been involved in many working bees in schools I can honestly say that this one was the toughest one by far with the physicality of the job being much greater than we all anticipated. Nonetheless after considerable expenditure of sweat and muscle we successfully achieved our goal by about 3:00pm. I can't thank enough the people who joined in and helped on the day. It was great team work with a tremendous result for the students in the support unit. Thank you, thank you, thank you!

FROM THIS

![Old Rock Garden](image1)

TO THIS

![New Grassed Playground](image2)

Bush Rock Available – Free to a Good Home

There was a large amount of rock removed to create the new play area and the school has no use or need to keep it. It is good quality stone of various sizes which would be great for garden edging or stone walling. If you would like to take some (or all) of the rock please just contact the office and we can give you access to collect what you may need.
Ethics Program
We are still confident that this program will become available next term for our non-scripture students. Ms Renee Roles has been appointed the Ethics Coordinator for Lake Munmorah Public School. Renee is still recruiting interested people to become teachers of the Ethics program here at Lake Munmorah. Full training for the role is provided. The number of classes we will be conducting will be determined by the number of teachers we have available. If you would like to be involved please contact Renee on 0435442093.

P&C AGM – Tuesday 15 March
The P&C is a great way to become involved and learn more about your child’s school. These days it is more than a fund raising body as the P&C plays a legitimate role in supporting the governance of the school by being involved in key school committees and teams. Many members choose to take up these opportunities but other members are just happy to come along to meetings and hear the discussion and vote on key issues. Either way they are making a significant contribution to increase the quality of our school. It is a great way for our new families in particular to make meaningful connections and friendships with other families and staff. We would all love to see you there next week. It commences at 6:30pm

P&C Canteen
Speaking of the P&C I cannot speak more highly of the efforts that have gone into maintaining a canteen service by Kristy and by members of the newly formed canteen committee. Within a small window of time these remarkable people have established a successful canteen service which already has very positive regard of the school community. It is a real credit to their resourcefulness and tenacity to see the canteen become successful so quickly. Well done!

Shave for a Cause and Crazy Hair Day
This Friday will see one of our Year 6 students bravely lose her hair as she has decided to be involved in the Shave for a Cause program. At 11:45am tomorrow Holly Boyd will have her head shaved in front of the entire school community. She is raising money for the Cancer Council and has so far raised $800. She has a target of approx. $1300 so she is well on the way to achieving this if all students participate tomorrow by displaying crazy hair and donating a gold coin to support Holly’s fund raising efforts. Holly is truly a remarkable student and has displayed maturity beyond her years in gathering the support for her cause. We will be strongly supporting her tomorrow and will watch with great interest as she bravely takes on this challenge. Good luck Holly.

Future Schools Conference
Last week, I and three other staff members, had the opportunity to attend this conference at the Australian Technology Park at Redfern. The conference is held annually to showcase schools that are leading the way in innovation and the provision of a 21st century curriculum to their students. There are also other experts, academics and leaders imparting their knowledge about current research in what schools could, or should, be doing to prepare children and young people for their future lives. It is extremely motivating and allows us to reflect on our journey in providing a world class education to our students. I am pleased to tell you that we are certainly heading in the right direction with much of what we currently do being highlighted as best practice by some of the schools presenting at the conference. However, our journey continues and over the next year you will learn about and be directly involved in innovative programs and practices that will serve to enhance educational experiences for our students. Exciting times ahead!
**Quality Workers/High Achievers This Week**

<table>
<thead>
<tr>
<th>STUDENTS</th>
<th>CLASS</th>
<th>WORK SAMPLES</th>
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<tbody>
<tr>
<td>Sienna Griffith</td>
<td>4B</td>
<td>Sienna - Excellent persuasive writing attempts Tanisha – Exceptional handwriting</td>
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<tr>
<td>Tanisha Stockdale</td>
<td></td>
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<tr>
<td>Tyler Dixon</td>
<td>K-6M</td>
<td>Getting all his spelling words correct in the last five weeks.</td>
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<td>Sally Whitelaw</td>
<td>5/6D</td>
<td>An impressive start to their stories.</td>
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<td>Cheyanne Teora-Caesar</td>
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<tr>
<td>Ashleigh Lawson</td>
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<tr>
<td>Jack Bruce</td>
<td>4F</td>
<td>Excellent planning to write a persuasive text.</td>
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<tr>
<td>Olivia McCulloch</td>
<td>1/2B</td>
<td>Making an outstanding fruit bowl for her mother.</td>
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<td>Lillian McNamara</td>
<td>2J</td>
<td>A great description of Grandma.</td>
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<td>Zoe McManus</td>
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<td>Shannae Watson</td>
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<tr>
<td>Mia Compton</td>
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<tr>
<td>Jodi Smith</td>
<td>Parents</td>
<td>Achieving an amazing result in turning an unusable rock garden into a playground for the students of our support classes during our working bee last Sunday.</td>
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<tr>
<td>Danni Blomfield</td>
<td>Students</td>
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<td>Phil Blomfield</td>
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<tr>
<td>Rrina Wright</td>
<td>Staff</td>
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<td>Pete Wright</td>
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<td>Jason Lindley</td>
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<td>Emerson Lindley</td>
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<td>Andrew Devries</td>
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<td>Aliza Devries</td>
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<td>Kristy Aitkens</td>
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<td>Jay Atkins</td>
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<td>Richard Smider</td>
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<td>Claire Smider</td>
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<td>Tara Smider</td>
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<td>Laura Smider</td>
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<td>Cameryn Smider</td>
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<td>Julie Treharne</td>
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<td>Sherelle Jardine-Harris</td>
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<td>Aaron McSweeney</td>
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<td>Jack Sanday</td>
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<td>Amber Treharne</td>
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Brian Hilton
Star of the Month Award

Congratulations
to
Cooper Carroll
our
Star of the Month

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World’s Greatest Shave

Tomorrow is the day one of our lovely year 5 students is going to “Be Brave and Shave”. Holly Boyd 5/6C is shaving off her luscious locks in order to raise funds to find a cure for blood related cancers. She has a target of $1120 and has already raised over $800. If all students come with Crazy Hair and bring a gold coin donation (preferably a $2 coin) I am sure we can almost double her targeted amount (I know the staff have already donated quite a bit to add to the total).

So, everyone come along with your Crazy Hair and your Gold Coin donation. Holly is having her hair shaved (in front of the school) at approx. 11.45am. So parents come along and watch the proceedings (and maybe throw a few more coins in the donation bucket).

Holly, we are so proud of you and all you are doing to make life better for others.
Fresh Food Friday

Our garden is going under a bit of a revamp at the moment. Many of our summer plants are now ending and our newly planted vegies are not yet ready to pick. 4F have grown regular beans, 5/6C have grown string beans and a group of eager volunteers have planted lettuce, strawberries (of which some are already bearing fruit), beetroot, capsicum and rocket.

This week we have whole watermelon (grown from seed by 2AF last year), bags of beans and cucumbers – all for $1. Come along, grab a bargain and encourage your children to try different fruit and vegetables.

These items will be on sale near the office on Friday afternoon from 2.45. Once again, thanks to the wonderful families who have donated seedlings, seeds, empty punnets and have given up their time to work in the garden. All donations of goods and time are greatly appreciated.

K - 6
Easter Hat Parade

11:50am
Thursday
11th March 2016

All Welcome

Jake and Olli at Footy Trials
SCHOOL OPAL CARDS

Over 350,000 students eligible for subsidised travel under the School Student Transport Scheme have been provided with a School Opal card for travel within the Opal network.

This year, Transport for NSW and transport operators have allowed eligible school students to travel without a School Opal card for the first six weeks of the school year, provided they are in school uniform.

As most students have now settled in to their new travel patterns for the year and have received their School Opal cards, the grace period will end on Monday 14 March 2016.

Please visit transportnsw.info/school-students for more information or to apply for an Opal Card.

ST. PATRICKS DAY
Thursday 17th March

Green Milkshakes $2.00
Green Pikelets $0.50
Green Fairy Bread $0.10
Green Jelly $0.50

SCHOOL DISCO
Wednesday 23rd March
$5.00 per student
MANNERING PARK AMATEUR SAILING CLUB

Mannering Park Amateur Sailing Club is conducting a Learn to Sail course in April at our sailing club, Grace Street Mannering Park. If you would like your child to experience the thrill of sailing this, is their opportunity. A Yachting Australia accredited instructor will be conducting the course, which will be held from 11th-14th April. Positions are very limited, so get in early to avoid disappointment. Please contact Andrew Whitbourne on 0419 291544 or by email andrew.whitbourne@ajwelectrical.com.au

LMPS GIRL WINTER UNIFORMS

SKIRTS $33
PINAFORES $43

PLACE ORDERS AT THE OFFICE.
ORDERS WILL BE SUBMITTED TO JENNY G. ON 1st APRIL.

P & C Second Hand Uniform Shop

Term 1
Open Wednesday mornings
8:30 – 9:15am

On Tuesday 15th March, the P & C will hold its Annual General Meeting. The AGM will start at 6.30pm and all positions will be declared vacant. Re-elections for 2016 will then commence. The March meeting will begin at the conclusion of the AGM.

If you are interested in what the P & C does at our school, please come along.

Look forward to seeing you there.
Clare Smider
President
CII Skills for Work and Training in the Community Sector

Education for Careers and Further Study

Certificate II for Work & Training - 10090NAT

Course 10444, Certificate II for Work and Training in the community sector.
Topics covered include:
- First Aid
- Foundation Skills to support your studies
- Team Work
- Prepare for work in the Community Sector and many more

Course Duration: 7 week course with Aged Care electives
9.30am to 2.30pm - Wednesday, Thursday and Friday
Wednesday 27 April to Friday 10 June 2016

Information Session:
10am - Wednesday 30 March 2016
Wyong Campus Library - Block J - Room J1.06

Interested?
For more information please contact:
Kerry Bryant
Wyong Outreach Coordinator
4350 2370
kerry.bryant
@tafe.nsw.edu.au

This training is fully subsidised by NSW Government. Provider 10002 TAFE NSW Hunter Institute.
OPTOMETRIST
Bernard Tan
B.Sc.OPTOM; L.O.Sc; M.OPTOM
Phone: 4392 3258
17 Wallarah Road, Gorokan
*Eye Examinations  *Sports Vision  *Children’s Vision
*Computer Vision  *Safety Vision  *Optical Dispensing
*Contact Lens Fitting and Supply
*1 year warranty frames  *Scratch-resistant lenses
Mon-Fri: 9am—5pm  Saturday: 9am—12 noon
MEDICARE BULK BILLING

“Proudly Supporting
Lake Munmorah Public School”
School Diary

Please stick me on your ‘fridge’

TERM 1

March

11 Crazy Hair Day - Gold Coin Donation
   11:45am - Holly’s Head Shave - All Welcome!
15 3:15pm - Parents as Teachers (PAT) Program - Dr John Irvine Guest Speaker
   6:30pm - P&C Meeting - AGM
16 Sydney North Primary Swimming Carnival @ Sydney Olympic Park Aquatic Centre
18 PHOTO DAY
21 Harmony Day
23 4:45 - 6:00pm DISCO - Infants
   6:15 - 7:45pm DISCO - Primary
24 11:50am - Easter Hat Parade
25 GOOD FRIDAY
26 EASTER SATURDAY
27 EASTER SUNDAY
28 EASTER MONDAY

April

05 ‘You Can Do It Too’ Performance at school, K-6 students
06 LMPS Anzac Service
08 Awards of Recognition
   LAST DAY OF TERM

TERM 2

25 ANZAC Day
27 STUDENTS RETURN TO SCHOOL