YOU CAN DO IT, PROGRAM ACHIEVE

PRACTICAL THINGS YOU CAN DO TO DEVELOP ORGANISATION IN YOUR CHILD

- Provide your child with simple instructions regarding how to organise his/her toys, play area, study area

- Establish a routine and schedule for your child to perform the necessary, daily needs. Teeth brushing before bed time, homework, eating breakfast at table not in front of TV

- Establish a set routine at home for wake-up time, being dressed and ready to leave, dinner time, ready for bedtime, and lights out

- Only provide materials that your child needs for current work/play

- Ensure that your child is ready for instructions. Looking at person, sitting still, when explaining tasks to them

- Let them do things for themselves (under your guidance)